

Today & Tomorrow (Style Catalan)

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Description : 64 temps, 1 tag, 4 restars, Intermediaire, Juin 2016

Musique : « Country Roads » par Holly Spears

1 – GRAPEVINE, FLICK, STEP, LOCK, STEP, ½ TURN HOOK

- 1 – 2 Step Right To The Right, Cross Left Behind
- 3 – 4 Step Right To The Right, Flick Left Behind
- 5 – 6 Step Left Back, Lock Right
- 7 – 8 Step Left Back, ½ Turn Right Hook Right Forward

2 – ROCK STEP, ½ TURN STEP, FLICK, STEP, LOCK, STEP

- 1 – 2 Rock Right Forward, Recover On Left
- 3 – 4 ½ Turn Right Step Right Forward, Flick Left
- 5 – 6 Step Left Forward – Lock Right Behind
- 7 – 8 Step Left Forward – Flick Right Behind

3 – STEP, LOCK, STEP, HOLD, BACK SLIDE, HOLD, STOMP, HOLD

- 1 – 2 Step Right Back – Lock Left
- 3 – 4 Step Right Back – Hold
- 5 – 6 Long Diagonal Back Step With Left – Hold
- 7 – 8 Stomp Right Forward – Hold

4 – VAUDEVILLE, VAUDEVILLE, FLICK

- 1 – 2 Cross Left Over Right – Step Right To The Right
- 3 – 4 Left Heel Touch – Recover On Left
- 5 – 6 Cross Right Over Left – Step Left To The Left
- 7 – 8 Left Heel Touch – Flick Right

5 – DIAGONAL SLIDE, HOLD, SPIN, ROCK BACK, STOMP, HOLD

- 1 – 2 Long Diagonal Slide Forward With Right – Hold
- 3 – 4 Full Turn Towards Right With Both Feet
- 5 – 6 Rock Back On Right (Jumping) – Recover On Left
- 7 – 8 Stomp Right Together – Hold

6 – OUT, OUT, IN, IN, ROCK IN CHAIR

- 1 – 2 Step Right Forward To The Right – Step Left Forward To The Left
- 3 – 4 Step Right In – Step Left Together
- 5 – 6 Rock Right Forward – Recover On Left
- 7 – 8 Rock Right Back – Recover On Left

7 – ½ TURN STEP PIVOT, ½ TURN POINT DROP, ½ TURN POINT DROP, ROCK BACK, ½ TURN POINT DROP

- 1 – 2 Step Right Forward – ½ Turn Left Pivot (Weight On Left)
- 3 – 4 ½ Turn Left Touching Right Point Back – Drop On Right
- 5 – 6 Rock Left Back – Recover On Right
- 7 – 8 ½ Turn Right Touching Left Point Back – Drop On Left (Facing 2nd Wall)

8 – ROCK BACK, ½ TURN POINT DROP, ½ TURN POINT DROP, STOMP, HOLD

1 – 2 Rock Back On Right – Recover On Left

3 – 4 ½ Turn To The Left Touching Right Point Back – Drop On Right

5 – 6 ½ Turn To The Left Touching Left Point Forward – Drop On Left

7 – 8 Stomp Right Beside – Hold

TAG

1 – 2 Stomp Right In Place – Hold

3 – 4 Hold – Hold

REPEAT

On 1 – 2 – 4 – 5 wall, dance until the 32nd count, (section 4) and add the tag, then restart again the dance

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